

| PLD | NAME | VORNAME | VEREIN | KL | Ergebnis |
|-----|--------------|---------------|-------------------------|---------|----------|
| 1 | Penzlin | Matthias | Hamwarder Sch | 6.10.10 | 889 |
| 2 | Kasnyovzski | Lajos | Hollern-Twielenfleth SV | 6.25.50 | 773 |
| 3 | Röver | Udo | Godshorn SV | 6.20.60 | 763 |
| 4 | Schräer | Holger | Stökte HSV | 6.10.50 | 762 |
| 5 | Gorny | Bernhard | Volksdorf SV | 6.20.10 | 762 |
| 6 | Andrejewski | Sascha | Lehrte SC | 6.20.42 | 676 |
| 7 | Schier | Stephan | Hollern-Twielenfleth SV | 6.20.10 | 649 |
| 8 | Hey | Jens | Airbus-Sport | 6.20.10 | 648 |
| 9 | Beindorf | Kersten | Kuhfelder SV | 6.20.51 | 634 |
| 10 | Wilke | Sebastian | Lehrte SC | 6.20.30 | 612 |
| 11 | Freywald | Marcus | Kuhfelder SV | 6.20.40 | 610 |
| 12 | Lippert | Carlo | Bellingen BC | 6.20.40 | 607 |
| 13 | Schulz | Cord | Godshorn SV | 6.20.10 | 604 |
| 14 | Truknus | Michael | Hamwarder Sch | 6.10.50 | 603 |
| 15 | Schneider | Ursula | Airbus-Sport | 6.20.11 | 600 |
| 16 | Minoli | Ruven | Meine SV | 6.20.20 | 592 |
| 17 | Schüßler | Uwe | Quelkorn SV | 6.10.50 | 585 |
| 18 | Radtke | Tanja | Cuxhaven SW | 6.20.11 | 581 |
| 19 | Dietrich | Michael | Bellingen BC | 6.20.10 | 580 |
| 20 | Wetzel | Klaus | Volksdorf SV | 6.20.60 | 578 |
| 21 | Pitzschel | Björn | Lehrte SC | 6.25.10 | 575 |
| 22 | Wilke | Daniel | Lehrte SC | 6.20.42 | 572 |
| 23 | Herbach | Oliver | Airbus-Sport | 6.25.10 | 567 |
| 24 | Brückner | Marianne | Stade SV | 6.20.11 | 563 |
| 25 | Kristan | Tanja | Hollern-Twielenfleth SV | 6.20.11 | 561 |
| 26 | Hornung | Henrik | Klein Wesenberg | 6.10.20 | 555 |
| 27 | Peter | Roman | Hamwarder Sch | 6.10.50 | 548 |
| 28 | Schwanke | Christoph | Meine SV | 6.10.10 | 545 |
| 29 | Kristof | Tobias | Lehrte SC | 6.20.30 | 544 |
| 30 | Walter-Saal | Hermann | Klein Wesenberg | 6.20.60 | 538 |
| 31 | Dornbusch | Dietmar | Volksdorf SV | 6.20.50 | 534 |
| 32 | Insull | Paul | Lehrte SC | 6.20.50 | 520 |
| 33 | Hirschfelder | Stefan | Cuxhaven SW | 6.20.50 | 515 |
| 34 | Minoli | Manfred | Meine SV | 6.20.50 | 515 |
| 35 | Guðmundsson | Ingi Bjarnar | Reykjavik IFR | 6.20.50 | 513 |
| 36 | Steinþórsson | Þróstur | Reykjavik IFR | 6.20.50 | 504 |
| 37 | Jacob | Thomas | Godshorn SV | 6.20.50 | 503 |
| 38 | Vehling | Fritz-Gerd | Volksdorf SV | 6.20.50 | 500 |
| 39 | Brüggmann | Freidrich | Godshorn SV | 6.20.60 | 494 |
| 40 | Güber | Annette | Volksdorf SV | 6.20.51 | 490 |
| 41 | Kensy | Annegret | Lehrte SC | 6.20.51 | 486 |
| 42 | Langner | Günther | Cuxhaven SW | 6.20.60 | 482 |
| 43 | Herbach | Carola | Airbus-Sport | 6.20.11 | 477 |
| 44 | Röhr | Stefan | Lilienthal TV | 6.20.60 | 475 |
| 45 | Keppler | H.-Dieter | Meine SV | 6.10.50 | 473 |
| 46 | Kranz | Hans Heinrich | Bellingen BC | 6.25.60 | 472 |
| 47 | Dahne | Dwayne | Lehrte SC | 6.20.20 | 464 |
| 48 | Haupt | Karl-Heinz | Hamwarder Sch | 6.20.50 | 455 |
| 49 | Eckermann | Sven | Hamwarder Sch | 6.10.10 | 453 |
| 50 | Fichtner | Peter | Volksdorf SV | 6.20.60 | 414 |

| PLD | NAME | VORNAME | VEREIN | KL | Ergebnis |
|-----|-------------|--------------|-----------------|---------|----------|
| 51 | Hamester | Hubert | Hamwarder Sch | 6.10.10 | 407 |
| 52 | Gessner | Wolfgang | Volksdorf SV | 6.20.60 | 407 |
| 53 | Ehlert | Gudrun | Stökte HSV | 6.10.51 | 404 |
| 54 | Ohmes | Sönke | Cuxhaven SW | 6.20.10 | 400 |
| 55 | Eckert | Thomas | Hamwarder Sch | 6.10.50 | 400 |
| 56 | Finnsdóttir | Ester | Reykjavik IFR | 6.20.61 | 390 |
| 57 | Beindorf | Frank | Kuhfelder SV | 6.20.50 | 381 |
| 58 | Allers | Cord | Cuxhaven SW | 6.20.10 | 377 |
| 59 | Penzlin | Erik | Hamwarder Sch | 6.25.24 | 371 |
| 60 | Kranz | Ingeborg | Bellingen BC | 6.25.61 | 364 |
| 61 | Eckert | Christian | Hamwarder Sch | 6.10.20 | 360 |
| 62 | Kallenberg | Michael | Hamwarder Sch | 6.20.50 | 353 |
| 63 | Schuldt | Linus | Hamwarder Sch | 6.20.22 | 351 |
| 64 | Scholz | Hans-Jürgen | Meine SV | 6.25.10 | 346 |
| 65 | Walter | Uschi | Klein Wesenberg | 6.10.61 | 331 |
| 66 | Eckert | Philipp | Hamwarder Sch | 6.20.24 | 330 |
| 67 | Buhtz | Rico | Meine SV | 6.10.50 | 325 |
| 68 | Fuhst | Arne | Cuxhaven SW | 6.20.42 | 315 |
| 69 | Æalgeirsson | Petur Olafur | Reykjavik IFR | 6.20.10 | 304 |
| 70 | Langner | Traute | Cuxhaven SW | 6.20.61 | 295 |
| 71 | Potts | Liam | Meine SV | 6.10.22 | 282 |
| 72 | Zimmermann | Nancy | Cuxhaven SW | 6.20.11 | 255 |